

Need someone to talk to?

Let's Talk



Sign up for a confidential, informal, and easy-to-access session with a counselor or trainee who is especially committed to supporting individuals from diverse backgrounds. This is a welcoming space where you can talk about personal concerns, explore identity-related topics, learn about counseling services and campus resources, or simply check in with someone who's here to listen.



Alejandro Torres (he/him)

Licensed Marriage and Family Therapist #473167

Staff Psychotherapist (Latinx focus)



Jaguar Smith (she/her)

Registered Associate Clinical Social Worker #131799

Post-Master's Resident Supervised by Maia Pini, LCSW #76570



Tams Iraheta (they/she)

Practicum Trainee in CPH's Master's in Counseling Program

Supervised by Lisa Turay, LPCC #2482

To schedule an appointment email Alejandro at at73@humboldt.edu