



Same-Day Sessions at CAPS!

WEB-IN WEDNESDAYS AT CAPS

Call us on Wednesdays, no appointment needed, first come-first served! Call early in the day for best availability.

This is a single session of therapy focused on a specific goal. You can also schedule a single session by appointment, if preferred.

If you decide you want to be assessed for ongoing therapy services, you can make an intake appointment after your session.

WEDNESDAYS 9AM-4:30PM
FOR MORE INFO CALL: 707-826-3236
COUNSELING.HUMBOLDT.EDU/